



2019 LA LIGHTS TOURNAMENT OF CHAMPIONS JANUARY 24-27, 2019

Hosted by LA School of Gymnastics

LA Lights – International Invitational RG Meet for All Levels (3-10).

DATES: January 24-27, 2019

VENUE: Veterans Memorial Auditorium
4117 Overland Avenue
Culver City, CA 90230

EVENT WEBSITE

www.lalightsmeet.com

Participant lists, competition and award schedules, results and other event information will be available on the event website.

REGISTRATION (Entry fees are non-refundable!)

Entry fees should be received by November 15th, 2018.

Late entries, if accepted, are subject to an additional \$25 fee per athlete.

Level 3: \$140

Level 4: \$160

Level 5: \$180

Level 6: \$190

Level 7: \$200

Level 8: \$210

Level 9/10: \$220

For domestic teams:

One check per team, payable to LA School of Gymnastics, c/o LA Lights

Mail to: LA School of Gymnastics

8450 Higuera St, Culver City, CA 90232

For international teams:

Bank transfer info. Submit your Entry Form via e-mail and forward the payment to:

Name: LA School of Gymnastics

Bank: Chase Bank USA

Address: 8500 Wilshire Blvd, Beverly Hills, CA 90211

Routing Number: 322271627

Account Number: 312368167

SWIFT Code: CHASUS33

COACHES & JUDGES

Domestic: Coaches, judges and officials who are Professional members with current background and safety certification will be issued credentials. All coaches must have completed the U100 and SafeSport.

International: USA Gymnastics requires all gymnasts, coaches and judges participating in USA Gymnastics sanctioned events to be registered members of USA Gymnastics. Please submit your Foreign Membership application directly to USAG. For more information, contact USA Gymnastics Member Services by telephone at 800.345.4719, or at the following e-mail address: membership@usagym.org

LA LIGHTS management will maintain its annual policy of 1 coach per 5 athletes competing on the floor at any given time. If your team consists of 5, or up to 5 athletes, ONE COACH will be allowed on the floor, please allocate your organizational leadership in advance.

RULES

Levels 3-8 follow the US Rhythmic JO Handbook, Levels 9-10 follow the current FIG Code of Points.

APPARATUS CHART

Level 3	Floor, Hoop, Ball
Level 4	Floor, Rope, Ball
Level 5	Floor, Rope, Hoop, Clubs
Level 6	Floor, Rope, Hoop, Ribbon
Level 7	Floor, Hoop, Ball, Clubs
Level 8	Floor, Rope, Clubs, Ribbon
Level 9/10 JR	Rope, Ball, Clubs, Ribbon
Level 9/10 SR	Hoop, Ball, Clubs, Ribbon

LEVELS 7-10 D-FORMS

Two (2) hard copies of each D form are due by mail by January 14th, 2019. Mailed forms should be sent to the following address:

LA School of Gymnastics
8450 Higuera St, Culver City, CA 90232

As indicated in the Rules & Policies, any D Forms received after the above deadlines will be subject to a \$20/form late fee. Emailed forms are not accepted for this meet.

MUSIC

Music must be uploaded to lalightsmeet.com by January 7th, 2019.

Note: All athletes must also bring a set of CD's to the event as a backup.

TRAINING

There will be no podium training available.

AWARDS

According to USAG Rhythmic Rules & Policies

TICKETING

\$25 – Adult Daily Pass

\$20 – Senior (75 and older) / Children (3 years and younger) Daily Pass

\$5 – Infant (does not require a seat) Daily Pass

HOTEL

Courtyard Marriott Los Angeles Westside

6333 Bristol Parkway

Culver City, CA 90230

Hotel: 310-484-7000

Direct: 310-590-2512

Fax: 310-590-2593

joyce.mak@hershahotels.com

www.courtyardlawestside.com

*All participants are responsible for making their own travel, accommodation and transportation arrangements.

VOLUNTEERS

Volunteers are needed in many areas at LA Lights Tournament of Champions, including music, awards, staging, computer data entry, scoring and competition administration.

Interested parties should email Elena Bokova at elena@lagymnastics.com.

CONTACTS

Elena Bokova, Meet Director, elena@lagymnastics.com

Tanya Berenson, Meet Manager, tanya@lagymnastics.com

General inquiries info@lagymnastics.com

SEE YOU IN SUNNY LOS ANGELES!