



Dear participants of the:

2018 LA Lights Rhythmic Gymnastics Tournament of Champions!

We are absolutely delighted to have your participation in this monumental event. It is our pleasure to ensure that you and your athletes receive the highest caliber of competition and the utmost wonderful experience while competing alongside the greatest rhythmic gymnasts on the planet.

1. Please see the COMPETITORS LIST

Let us know ASAP of any mistakes/changes/scratches at the Officials meeting on **Thursday, Jan 25, 2018 at 7:00pm** at the competition site:

Veterans Memorial Auditorium
4117 Overland Avenue, Culver City, CA 90230

2. 2018 LA Lights Schedule:

** We reserve the right to make changes. **

Thursday, January 25, 2018	
7:00 PM	Coaches/Judges Meeting
Friday, January 26, 2018	
8:00 AM - 9:30 AM	Level 4 (24) Floor/Hoop/Ball
9:30 AM - 12:50 PM	Level 7 (50) Floor/Hoop
12:50 PM - 1:00 PM	Judges Break
1:00 PM - 3:50 PM	Level 8 (42) Floor/Rope
3:50 PM - 4:00 PM	Judges Break
4:00 PM - 9:50 PM	Level 9 (78) Hoop/Ball
Saturday, January 27, 2018	
8:00 AM - 9:55 AM	Level 5 (33) Floor/Hoop
9:55AM - 12:25PM	Level 6 (43) Floor/Rope
12:25 PM - 12:55 PM	Judges Break
12:55 PM - 4:15 PM	Level 7 (50) Ball/Clubs
4:15 PM - 7:05 PM	Level 8 (42) Ball/Ribbon
7:05 PM - 7:15 PM	Judges Break

Sunday, January 28, 2018	
8:00 AM - 9:55 AM	Level 5 (33) Ball/Clubs
9:55AM - 12:25PM	Level 6 (43) Hoop/Ribbon
12:25 PM - 12:35 PM	Judges Break
12:35 PM - 6:25 PM	Level 9 (78) Clubs/Ribbon
6:25 PM- 6:35 PM	Judges Break
6:35 PM - 9:05 PM	Level 10 (33) Clubs/Ribbon
9:10 PM	Gala Show

3. RULES & POLICIES - Please refer to USA Gymnastics rules and policies.

Levels 3-8 follow the US Rhythmic JO Handbook (available for your reference at USA Gymnastics website -

<https://usagym.org/PDFs/Rhythmic/Junior%20Olympics/1718handbook.pdf>)

Levels 9-10 follow the current FIG Code of Points.

4. LEVELS 7-8 D-FORMS

Four (4) hard copies of each D form are due by mail by January 15th, 2018. Mailed forms should be sent to the following address:

LA School of Gymnastics

8450 Higuera St, Culver City, CA 90232

As indicated in the Rules & Policies, any D Forms received after the above deadlines will be subject to a \$20/form late fee. Emailed forms are not accepted for this meet.

5. MUSIC

All athletes must bring a set of CD's to the event as a backup.

CD's should be clearly marked: [Name] – [Club] - [Level] – [Apparatus]

6. AWARDS

According to USAG Rhythmic Rules & Policies

7. ONE COACH – Keep in mind, LA LIGHTS management will maintain its annual policy of 1 coach per 5 athletes competing on the floor at any given time.

Please allocate your organizational leadership in advance!

8. HOTEL

At this time, the host hotel is almost SOLD OUT and we do not want you to reserve through a 3rd party or have to stay at another hotel, where we can not assure you personalized service and a quality hotel experience. Therefore, please be sure to email Mrs Joyce Mak right away to facilitate your stay at the newly remodeled hotel, indicating your reservation is with the LA Lights Tournament:

Courtyard Marriott Los Angeles Westside www.courtyardlawestside.com

6333 Bristol Parkway

Culver City, CA 90230

Hotel: [310-484-7000](tel:310-484-7000)

Direct: [310-590-2512](tel:310-590-2512)

Fax: [310-590-2593](tel:310-590-2593)

joyce.mak@hershahotels.com

*All participants are responsible for making their own travel, accommodation and

9. National Team Members and Gala information. Please visit www.lalightsmeet.com to download your athlete's form if she is on a respective national team, please complete and accompany a bio information

10. Event website

www.lalightsmeet.com

Participant lists, competition and award schedules, results and other event information is available on the website.

As always, if you have any questions, we are here to ensure that your stay in Los Angeles is enjoyable and your experience at the Tournament serves to be a great one for you and your athletes.

Please do not hesitate to contact us with any questions!

Wishing you much success at the 2018 LA Lights Tournament of Rhythmic Gymnastics Champions!

Respectfully,

LA Lights Committee

<http://lalightsmeet.com/>